



Capoeira Senzala London Classes

New time & venue for Tuesdays and Thursdays, 7 – 8.30pm.

Check our website for info about the classes on other days: www.senzala-london.co.uk

Maria Fidelis Roman Catholic Convent School (Lower School)

Entrance: opposite Shaker & Company bar, 119 Hampstead Road, NW1 3EE

Nearest stations: Euston Square, Euston, Warren Street



Go through the black gate and follow the path around the first building. The white door in the corner is where the changing rooms are. (Guys go through the 'No Food Allowed' doors on the left, girls go through the 'No Food Allowed' doors in the far right corner). There are some showers too.



Then exit the building and continue to the next building. Go up the outer stairs to the entrance, then up a floor for the first floor training room (green tiled walls).

Contact - Julio Sanhaço: 07834 553975